

## Cleaning & Recharging Your Amber

Disclaimer: This post is merely meant to give instruction on how to clean an amber teething necklace. When using an amber teething necklace on babies and toddlers, please be sure to follow proper wearing instructions and check for wear and tear of your product.

You will need:

- An old toothbrush
- Mild soap, I used Dr. Bronner's castile soap, lavender scent
- A bowl full of warm water



Put a little soap in the warm water and dunking your necklace, GENTLY, using a downward and back and forth motion, start brushing the dirt and grime away. It's totally fine to get the string wet, since some kids never take the necklace off. Just don't scrub so hard that you start wearing away the string.



*Gentle downward and sideways motions*

To get hair that was wrapped around the string off, use a pair of fine point tweezers and carefully pull or untwist until you get most of the hair off.



When you finish, dry it off, if it a bit dull looking, you can rub a bit of olive or coconut oil on it.

If you are looking to 'energetically' recharge your baltic amber, I've heard that putting it, or wearing it in the sun works. Also, salt water, or wearing in the ocean, should do the trick.